



POTSDAM RECREATION 2018 SUMMER PROGRAMS



RECREATIONAL PROGRAMS • FACILITIES • SERVICES • EVENTS • ACTIVITIES

FAMILY FUN NIGHT

AUGUST 1 • 6:00-7:30PM • PINE ST.

We are extremely thankful for the Potsdam Lions Radio Weeks Fundraiser which generated \$4,300 this year for youth programming and services through Potsdam Recreation. With this support we will be offering new games, activities, and equipment this year!

BEACHES

JUNE 11TH - AUGUST 26TH • 11AM - 8PM

SANDSTONER PARK

43 PINE STREET, POTSDAM, NY

Features covered pavilion with picnic tables and small grills located near our playground area and grass court volleyball net. Pavilion reservations can be made by calling 315.265.4030.

POSTWOOD PARK

POSTWOOD PARK DRIVE, HANNAWA FALLS, NY

Features scenic beach with grills and picnic tables. A small playground, sand court volleyball net, and basketball hoops. Be sure to check out our **NEW KAYAK SHACK** near the beach for convenient accessibility and rentals!

AQUATICS INFORMATION

PARENT-TOT SWIM

Parents or caretakers must be at the water with their child.

WHO: 1-3 years old with parents

WHEN: (M-F) June 25th - August 3rd (closed July 4th): 3:45-4:15pm

WHERE: Sandstoner Park, Pine Street Arena Beach

COST: Suggested donation of \$25/student or \$40/family

PRIVATE SWIM LESSONS

Adults, children, & special needs taught by ARC certified instructors.

WHO: Anyone wanting a more private setting in learning to swim

WHEN: Register by calling 315.265.4030 /arrangements on individual basis

COST: \$100 for 6 half-hour lessons

SUPERVISED REC SWIMMING

WHO: Children 7 & up. Children 4-6 must be accompanied by adult

WHEN: (M-F) 12:00-2:45pm **WHERE:** Postwood Park (Bussing available)

AMERICAN RED CROSS LEARN-TO-SWIM

Children based according to ability; Pre-school through Level 6.

WHO: Children 3 & up

WHEN: (M-F) June 25th-Aug.3rd (Closed July 4th): 10/10:30am based on level

COST: Suggested donation of \$25/student or \$40/family

WHERE: Postwood Park, Hannawa Falls

REGISTER: Sunday, June 24th from 2-4pm at Postwood Park for a pre-swim test

to evaluate swimmers' levels, OR during pre-registration on

June 20th from 5-7:30 at Pine Street Arena, OR the first day of class.

AMERICAN RED CROSS LIFEGUARD TRAINING

Get certified to become a lifeguard or just improve your knowledge.

WHO: Anyone at least 15 years old by 8/1/2018 who can swim

550 continuous meters (11 laps in comp. pool)

WHEN: June 25th-August 3rd - 10:30am-11:45am **WHERE:** Postwood Park

COST: \$250 Payment due by June 25th

REGISTER: Pre-testing Sunday, June 24th from 2-4pm at Postwood Park.

KAYAK RENTALS

NOON - 7PM

DAILY RENTAL: \$5 / 2 hours

Call ahead for large groups to arrange enough rentals at desired location. Liability forms must be read and signed. Call for details.

Be on the lookout for youth kayaks and new paddle-boards!



WATER SAFARI

ANNUAL TRIP TO ENCHANTED FOREST WATER SAFARI

MONDAY, AUGUST 6TH - \$40/PERSON

Bus departs at 7:30am from Pine Street and returns at 8:30pm.

Pack a lunch and/or bring some spending money.

Call 315-265-4030 for more info.

OTHER LOCAL FIELD TRIPS WILL BE ANNOUNCED!

SWIM A MILE FOR HOSPICE

SAT. AUGUST 11TH • 8AM • POSTWOOD BEACH

In 2017, 88 swimmers, 30 volunteers and more than 400 donors helped raise nearly \$32,000 to support services provided to our community.

Find out more: www.swimamileforhospice.org



PLAYGROUND PROGRAM

(M-F) JUNE 25TH - AUGUST 3RD • 8:30-11AM

AGES 3-6 / 7 & UP • SUGGESTED DONATION: \$15/CHILD OR \$30/FAMILY

Great fun with numerous activities and events during this 6-week program in a safe and supervised setting! Kids participate in physical activities, arts and crafts, and enjoy special visitors from the Potsdam Fire, Police, and Rescue, Guest Readers and the Cornell Cooperative Extension. Participants are encouraged to attend the program for the entire time. Health & Wellness, Positivity Project, and Literacy Activities throughout the summer. Please check out Facebook page regularly for upcoming events!

REGISTRATION: Wed. June 20th from 5:00-7:30pm at Pine Street Arena.

BUS SCHEDULE

CHILDREN MUST BE 4 YEARS OLD

POTSDAM VILLAGE BUS RUN

Bus leaves Potsdam School at 8:15am with pick-ups at Debra Drive, along Lawrence Ave, Missouri Ave., Grant Street, Main Street, Market Street, and Evergreen Park.

NOTE: Children not attending the Afternoon Supervised Recreational Swim will take the bus home at 11:45am.

WEST POTSDAM BUS RUN

Bus leaves the area at 8:30am and takes Route 11 to the Morley Road, Slab City, West Potsdam, and the Madrid Road.

NOTE: Children on the West Potsdam Bus not attending the Afternoon Supervised Recreational Swim will be dropped back home on a bus leaving the Arena at 10:30am.

POSTWOOD LEARN-TO-SWIM PROGRAM BUS RUNS

Bus leaves Pine Street Arena at 8:30am for Postwood Park. Students return to the Arena at 11:45am for parent pick-up or transportation on the 11:45 bus run below.

AFTERNOON SUPERVISED RECREATIONAL SWIM AT POSTWOOD BUS RUNS

Children living in the West Potsdam area will be picked up along the route at described above starting at 10:30am.

The 11:45am drop-off bus will pick up along Market Street, Evergreen Park, Grove Street, Potsdam High School, Clinton St., Lawrence Ave., Debra Drive, & Potsdam Public Library.

At 2:30pm, a bus will take kids from Postwood to the arena for parent pick-up or drop-off along the Village Route.



WEEKLY THEMES!

OLYMPIC 'TRY-ALLS': June 25th- June 29th: An introduction to rec with team-oriented activities

IMAGINATION STATION: July 2nd - July 6th: MORE diversified activities involving sensory skills

WATER WORKS: July 9th - July 13th: outdoor water games and activities, importance of hydration

SAFETY WEEK: July 16th - July 20th: safety presentations and demonstrations from special guests

HEROES WEEK: July 23rd - July 27th: MORE VISITS FROM LOCAL HEROES and PUBLIC LIBRARY MINI-CAMP

BUILDING BLOCKS: July 30th - Aug 3rd: DIY CONSTRUCTION activities, PAPER AIRPLANE CONTEST & DUCT TAPE CARDBOARD BOAT COMPETITION

THESE PROGRAMS SUPPORTED BY THE POTSDAM TOWN AND VILLAGE RECREATION PROGRAM; HEAD START; THE HEALTH INITIATIVE'S CREATING HEALTHY PLACES ST. LAWRENCE COUNTY PROJECT; A GRANT FUNDED BY THE NYS DEPT. OF HEALTH; THE TOWN OF COLTON; THE TOWN OF PIERREPONT; AND POTSDAM CENTRAL SCHOOL.